



## Truefit™ Veneers FAQs

### **What are Truefit™ Veneers?**

Truefit Veneers is a custom-made, Bespoke Removable type of appliance, made from a biocompatible material, that covers your natural front teeth to give you the desired look of Veneers. They are ideal for mis-aligned, crooked, chipped, discoloured teeth or to replace a missing tooth or all the above.

### **Why should I choose Truefit Veneers?**

Truefit Veneers are a sustainable, biocompatible, cost-effective solution to deliver your ideal smile in just 2 simple visits without any need for drills or filing of your teeth. They are also 100% Irish Made.

**Easily Accessible & Fast** – Quick results as veneers are made in one visit. We scan your mouth and make your new smile within days. And even less time for a replacement, if you lose or damage them, as we already have your scan and design.

**More Hygienic and less stressful** - we scan your mouth so there is no messy impressions or impression material that needs to be disinfected or stored to preserve it. Plus, we take your scan, so you don't need to become the expert at taking your own impressions.

**The Most Sustainable** – made from a scan and digitally designed and 3D printed with additive manufacturing so minimising waste to less than 2% per device when compared to other traditional methods of dental device manufacturing.

**Affordable** – Save thousands vs traditional dental aesthetic solutions. Your Truefit Veneers for one arch will cost you less than the price of a crown on one tooth.

**Try Before you Buy** – Truefit Veneers can give you your ideal smile while you can decide if a more permanent solution is for you; before you spend the money on composite veneers, porcelain veneers or crowns. Our solution gives you the chance to see what your smile will look like before you spend possibly thousands on a more permanent solution and realise afterwards you don't like it. Plus, if you do decide to go ahead with a more permanent solution our dedicated team of dentists will be able match your ideal smile or tweak as you like. And we offer affordable composite veneers too as well as payment plan options for this.

**Ranges to choose from** – depending on the results you want to achieve you can have multiple variations from the natural day time look to the Hollywood Brighter White look. Easy Payment Options - Financing options available from Humm

**High Quality** - Dental Grade Materials produced in our state-of-the-art Irish Dental Laboratory. 3D digital design process ensuring fine detail and natural aesthetics



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### **Is everyone suitable for Truefit™ Veneers, Am I suitable?**

Most people are suitable for Truefit veneers, if you are unsure, you can book in for a complimentary consultation and have a chat with one of our team and they can discuss the process with you and any queries you might have. You can do this by booking either an in-person consultation at one of our clinics or you can [book a free online consultation here](#).

### **What will my Truefit Veneers look like?**

We have a selection of shapes you can choose from so that we match your ideal smile. You can choose from the Classic Range or the Hollywood Range. Our experienced team will help you with your selection if you are unsure and will help find the right match for you. We use Dental Grade Materials produced in our state-of-the-art Irish Dental Laboratory, 3D digital design processing which ensures fine detail and natural aesthetics results for your Truefit Veneers.

### **Can I have more than One look?**

Yes of course. We have a selection of shapes you can choose from so you can have more than one set of Truefit Veneers to suit your lifestyle and to suit the occasion, be it a brighter look for night-time wear or a more classic look for daytime. We have a range of tooth shapes and shades you can select from to match your occasions. During your free consultation and scan appointment our experienced team are there to help you with your selection and to find the right options for you.

### **What colours/shades can I get in my Truefit Veneers?**

We have a range of shades ranging from the very white bleach shades to more natural looking white shades as well as cream shades. Our team will discuss your options during your scan and will help find the right match for you.

### **Can I eat or drink with them in?**

Yes, you can eat and drink while wearing them, you don't need to remove them if you are out socialising for a meal or drinks, however they are not designed for regular daily eating as you may grind through them so we recommend for everyday use that you remove them for mealtimes. We also recommend that if you do wear them when out for a meal that you clean your Truefit Veneers afterwards in case any food debris gets caught underneath.

### **Will they stain from red wine?**

No, your Truefit Veneers should not stain from red wine or any other staining food or drink unless they have been scuffed or damaged in some way. If you have scuffed them or



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### **How long can I wear my Truefit™ Veneers, can I wear them every day?**

You can wear them all day long if you like, similar to the frequency of wearing a retainer or a denture. We recommend that you take them out at nighttime and that you maintain good oral hygiene by brushing your teeth twice daily, flossing and using mouth rinse. We also recommend that you visit us twice annually for your scale and Polish and dental checkup.

### **What do I do if I lose them?**

Don't worry, don't panic! Just call us or message us and we can arrange a replacement for you. Because we have a scan of your mouth and a digital design of your Truefit Veneers we can remake them in as little as a couple of hours if you need.

### **What's the lifespan of my Truefit Veneers, how long do they last?**

This really does depend on how you wear your Truefit Veneers and how you look after them so if you follow all the aftercare instructions for cleaning them and taking care of them, they will last for quite a long time. If you are wearing your Truefit veneers every day we recommend replacing them within 12 months or sooner if you grind or clench your teeth, however with the right care, they can last up to three years.

### **Are they biocompatible?**

Yes, they are biocompatible and made from material that is designed to be in the mouth.

### **Are Truefit Veneers a sustainable product?**

Truefit Veneers are the most sustainable removable veneers on the market as they are made from a digital scan of your mouth so there is no need for impression material and waste while taking the record of your mouth. We also digitally design, and 3D print your Truefit Veneers and we are using additive manufacturing processes which have the least amount of waste when compared to subtractive manufacturing which has more than 10 times the waste.

### **I have a loose tooth or a loose crown, Am I still able to get Truefit Veneers?**

It would really depend on where the loose tooth is so we would want to have a look at your mouth first to see if you are a candidate. The best thing to do is book your free consultation and one of our team can advise you on the best way forward. We have a team of dentists who could check the loose tooth to see if it would be impacted by the veneers or if there is another solution for you.

### **How often do I need to clean my Truefit Veneers?**

We recommend that you clean them at least twice a day, in the morning and in the evening. If possible, we also recommend cleaning them after each meal in case food debris gets trapped underneath. We also recommend that you brush your natural teeth at these intervals also to maintain good oral hygiene.



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### **How do I clean my Truefit™ Veneers?**

We recommend using warm soapy water for each clean. In addition, twice weekly we recommend using a mild orthodontic disinfectant for 15 minutes. We recommend Nitradine disinfectant tablets, and you can purchase them directly from us. Please note that other sterilisation products may discolour your Truefit veneers so please talk to one of our team before using. [You can download our aftercare instructions here.](#)

### **Will they damage my teeth?**

Truefit Veneers are bespoke and made specifically from the scan of your own mouth and as a result they don't damage your natural teeth. They are designed to fit passively over your natural teeth. However, please note you need to maintain a good oral hygiene routine in order to ensure good oral health in general and because they cover part of your teeth it is important to follow the care instructions and to clean both your Truefit Veneers and your own natural teeth several times a day.

### **What age do I need to be to get them?**

Truefit Veneers are recommended for people aged 18 upwards however your dentist may recommend Truefit Veneers as a solution if you are under 18 and unsuitable for other treatments.

### **Why should I choose these over composite veneers?**

Truefit Veneers are an excellent solution if composite veneers are something that you're thinking about but are not 100% sure whether you want to take the leap towards a permanent solution or if finances for composite veneers are an issue. Truefit Veneers are an excellent solution and are removable as well as affordable.

### **I have composite veneers on the upper can I get Truefit Veneers for the lower?**

Yes, Truefit Veneers are an excellent solution that are cost effective and look superb with your upper composite veneers, while at only a fraction of the cost.

### **How long does it take to get my Truefit Veneers?**

Your scan appointment takes around 20 - 30 minutes, and your finished product will be ready within a week from that date. However, if you have an urgent need to have these completed, we have a FastTrack turnaround so please let our team know.



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### **Will it take time to get used to wearing my Truefit™ Veneers?**

Like with all dental devices it can take a little time to get used to wearing them. They are designed to fit you really well so it doesn't take long to get used to them being in your mouth. Plus, like with anything new in the mouth, the more you wear them the more you get used to them.

### **I have a natural gap between some of my teeth am I a candidate?**

Truefit Veneers is a perfect solution for you, we can close the gaps and create the ideal smile.

### **I am missing a few teeth, am I still a candidate?**

Truefit Veneers can replace several missing teeth while creating the ideal smile solution for you, however it does depend on where those missing teeth are located in your mouth. Your Truefit Veneers are made to fit around some of your natural teeth as they provide an anchor for your veneers. We can discuss this at your free consultation and if this solution isn't suitable, we have a team of dentists and denturists and treatment plan coordinators that can help design a solution for you.

### **Can I get my teeth cleaned or whitened at the same time?**

Yes of course. We have dental teams across all our locations so we can arrange for all your treatment to be completed within our clinics.

### **Still have questions?**

#### **Contact our friendly clinic teams:**

**Dublin Clinic:** [01 4551866](tel:014551866)

**Waterford Clinic:** [051 365999](tel:051365999)

**Wexford Clinic:** [053 9192999](tel:0539192999)

**Email:** [clinics@dentaltech.ie](mailto:clinics@dentaltech.ie)